

Atty. Docket No.  
156.0001



GP 3764  
L. Parks  
7-12-00  
PATENT  
Am dt. A  
BOX Non-Fee Amendment

**IN THE UNITED STATES PATENT AND TRADEMARK OFFICE**

Applicant : STAN SCHALL, JR.

Serial No. : 09/310,965

Examiner: J. Saydah

Filed : May 13, 1999

Group Art Unit: 3764

For : EXERCISE APPARATUS

**PRELIMINARY AMENDMENT**

Assistant Commissioner of Patents  
Washington, D.C. 20231

BOX Non-Fee Amendment

Sir:

Prior to examination on the merits, please amend this application as follows:

**IN THE ABSTRACT OF THE DISCLOSURE:**

Line 3, delete "100".

**IN THE SPECIFICATION:**

Page 3, lines 10-11, replace the blank line and "**based on final description and claim content**" with

al  
An exercise device including an upper platform having a handle extending therefrom, the handle having a short upright portion, a tall upright portion, and a gripping area connecting the short upright portion and the tall upright portion, the gripping area generally is tapered from the short upright portion to the tall upright portion such that a diameter of the gripping area adjacent to the short upright portion is greater than a diameter of the gripping area adjacent to the tall upright portion, the gripping area is